

THE SENIOR SLANT



SENIOR COLLABORATIVE
INDIAN RIVER COUNTY

The Newsletter of the Senior Collaborative of Indian River County

1st Quarter 2020 Issue #5



Senior Collaborative Goals & Visions

Navigation Program - Utilizing a complete database of Indian River County Service providers, the Collaborative will be able to create a searchable, detailed website of all services and providers, specific to Indian River County. In addition to the website we also will provide telephone assessment and referral services at no charge. The navigation program is intended to connect older adults, family members or their caregivers to available senior services, as well as allowing the Collaborative to track results on referrals.

Senior Connection Center— This proposed center is envisioned as an additional means to connect seniors to community services, in an elder friendly and engaging manner. On hand will be a specialized counselor to help individuals and families identify, access and connect to solutions. The center will contain touch screens and a library of brochures. The goal of the center will be to provide community awareness, information and guidance about services in Indian River County. There will also be the opportunity to provide seminars on senior topics.

Indian River County “A Livable Community for All Ages” - In July of 2019, Indian River County was designated by AARP as an Age Friendly Community. Although Age Friendly is the designation, a Livable Community is the outcome. Please find out what being a Livable Community means from the article on page 3.

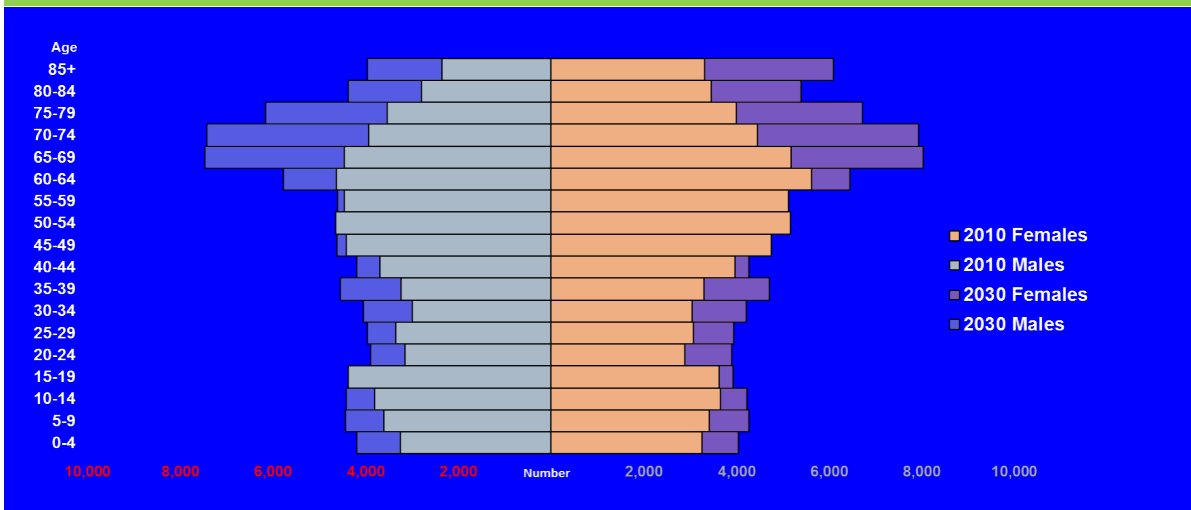
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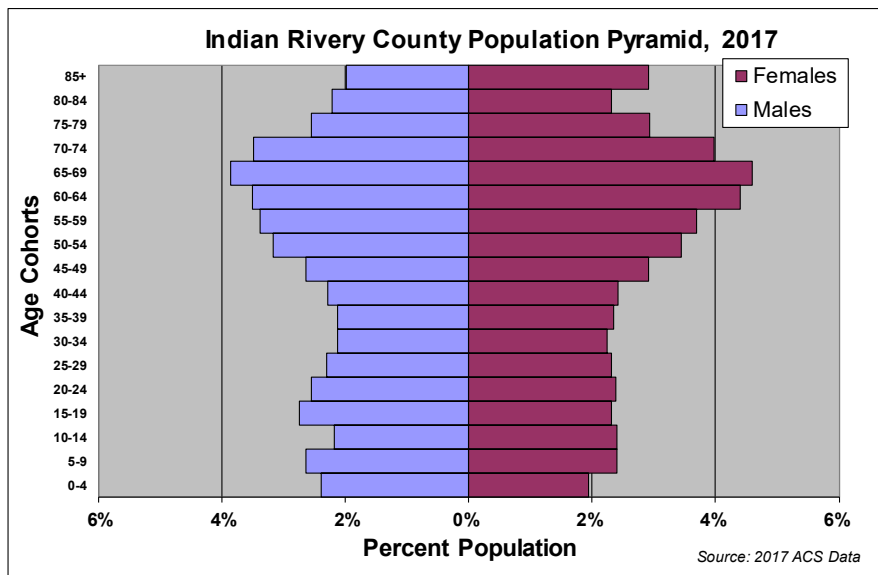
Senior Collaborative's Mission Statement

To improve the quality of life of all Indian River County Seniors through a community collaboration of service providers, funders and advocates.

Aging Population Projections in Indian River County



The above pyramid graph is a depiction of Indian River County's population as of 2010 and how it was projected to change between then and 2030. We are now half way through this timeframe so we thought it would be interesting to look at more recent numbers. First we however need to spend some time looking at the projection graph. The graph is very top heavy with the largest population segment in 2010 being in the 60-64 age category for both males and females. It also shows a large projected growth through 2030 in the upper age category. This is due to two factors. The first is the fact that Florida attracts retirees. The second is there is a trend of living longer. In a previous article we noted that a 10 year old today has a 50% likelihood of living to 100. The combination of additional retirees and aging in place longer is driving the growth.



The pyramid graph above is 2017 data. You will note the 65 –69 category is now the largest segment of the population. If you compare the shapes of the two graphs it continues to widen in the upper age categories and appears to be on track with the projections done in 2010. We also know the County continues to get older by tracking median age. Two years ago the median age was 52.3. The median age of the County in 2018 was 54.5, showing an increase of 2.2 over two years. We were also ranked nationally at 6th. You will also note that 7 out of the top 10 counties are in Florida.

So what does it mean. We know the County population has aged. We also know it is projected to age more and appears to be on track with the 2010 projections. The aging population will create a whole new dynamic for our County. Think about areas such as housing, transportation, healthcare and recreation to name a few. We will also be challenged to provide inclusion for our older residents in activities and the ability to have their voices heard. The Collaborative through programs, our members and advocacy looks forward to being involved with the changes that will be needed.

Top 10 USA Counties by Median Age:

1. Sumter, FL 67.5
2. Charlotte, FL 59.8
3. Citrus, FL 57.2
4. Sarasota, FL 56.5
5. Brunswick, NC 54.7
6. Indian River, FL 54.5
7. Yavapai, AZ 54.4
8. Barnstable, MA 53.8
9. Highlands, FL 53.2
10. Martin, FL 52.5

Age-Friendly Communities: We all have something to contribute!

Abby Walters, Core Team Chair



In June, the Indian River County Commission voted to seek designation as an Age-Friendly Community. It was a commitment to create a more livable community for *all ages* in our area. In July, designation was received, beginning the 5-year process to make the community more of what community members want and need now and for the future. The planning phase is 1-2 years, followed by implementation and evaluation in years 3-5. The Senior Collaborative is lead agency for the Age-Friendly process, and has members representing advocates, caregivers, professionals, nonprofit, government/public sector and for-profit groups and organizations in Indian River County.

What needs to happen to increase livability in the County will be discovered in the planning phase. The Senior Collaborative and member organizations will conduct surveys, listening sessions, and other approaches to get input from the community. Other Age-Friendly Communities shared they also gained rich insights about what residents valued and appreciate about their communities through the survey process, as well as learning about needs. After we receive feedback about needs and resources, a plan will be developed to guide action for 2-3 years.

The Senior Collaborative gathered a team to begin outreach and planning. The team will guide initial work, yet we need your input. Each of you has something to contribute. Printed and electronic surveys will be available after the holidays. Please complete one. Listening sessions will also be held in different areas of the County.

Livability includes all aspects of community: communication and information, community support and health services, respect and social inclusion, social participation, civic participation and employment, outdoor spaces and buildings, transportation and housing. As you think about livability and what you believe would add quality of life to our community now and in the future, also think about what you love about what's here.

What makes a community livable for seniors, makes Indian River County a more vibrant community for all its citizens.

The Eight Domains of Livable Communities

1. Housing
2. Transportation
3. Outdoor Spaces & Buildings
4. Civic Participation & Employment
5. Social Participation
6. Respect & Social Inclusion
7. Community Support & Health Services
8. Communication & Information



What Makes a Community Livable

A Livable Community is safe and secure, has affordable and appropriate housing and transportation options, and offers supportive community features and services. Once in place, those resources enhance personal independence, allow residents to age in place, and foster their engagement in the community's civic, economic and social life.



SENIOR COLLABORATIVE
INDIAN RIVER COUNTY

Executive Director's Notes



Randy Riley

Dear Member,

As I write this letter regarding our accomplishments of the last fiscal year, I reflected back to January of 2018. I was not sure what I was getting into, but I thought the goals and vision we had put in place would provide for a rewarding experience. We have grown from a group of individuals with an idea how to help the seniors of Indian River County to a corporation with a Board of Directors, Officers, Committees, Bylaws, Articles, policies, strategic plan, logo and a 501(c)(3) designation as of November 6th: the building blocks required for nonprofit corporations to perform their mission.

Last year, we again made strides that put us closer to our vision and goals. After reviewing alternatives, we committed to purchase provider database software that will be the backbone of our navigation program. The program will allow us to link seniors with needs to appropriate providers, both online and by phone. It will also provide value to our member providers. Once implemented, we will finally be on our way to fulfilling one of our visions to improve the quality of life for seniors.

In June, the Indian River County Commissioners voted for the Senior Collaborative as lead agency to obtain an Age-Friendly designation for Indian River County. Such a designation and subsequent work will help our County to be a more Livable Community for all ages. We are pleased to report Indian River County received approval for the designation from AARP on July 22nd. The program will launch in February. The Core Team is busily planning for the launch event, as well as a community assessment, of not only what could be better but also what is already great about where we live. The Senior Collaborative's second vision is on its way to becoming a reality.

The ultimate goal of having a senior connection center in Indian River County remains on our horizon, and is never far from our minds. We will begin this year to meet with potential funders to explore ways to make the connection center a reality, while maintaining the financial stability of the Collaborative.

Yes, it has definitely been a rewarding experience. We now move from a non-profit in organizational phase, to one in which we can provide services and meet elder needs. If you would like to be involved in helping seniors, please give us a call. There is always room for individuals interested in our community and the largest & quickest growing demographic group in Indian River County: its seniors.

Indian River County Senior Population

Did you know that in 2018 there were 57,636 residents in Indian River County over the age of 60. This group represented 36.6% of the counties population.



2019 - 2020 Board of Directors

Karen Deigl — Board Chair, Senior Resource Association

Beth Mitchell — Board Vice Chair, Advocate

Meredith Egan — Board Treasurer, United Way of Indian River County

Abby Walters — Board Secretary, Advocate

Theresa Baxter — Gifford Youth Achievement Center

Peggy Cunningham — Alzheimer & Parkinson Assoc. of Indian River County

Eric Flowers — Indian River County Sherriff's Department

Darlene Forage — Advocate

Randee Gabriel — 211 Palm Beach Treasure Coast

Miranda Hawker — Florida Dept. of Health in Indian River County

Louie Hoblitzell — John's Island Community Service League

Paul Minotty, M.D.— New Vision Eye Center

Eileen O' Donnell — Coastal Concierge Home Care

John Porta, Jr.— United Against Poverty

Trudie Rainone — Advocate

Dawn Redstone — Soter Living & Family Advocates

Vicki Soule — Treasure Coast Community Health

Michael Ward — St. Marks Anglican Church of Indian River County

The Senior Collaborative would also like to thank Morgan Smith, Patricia Brier and Kathy Orton for their past service to the Board.

Fund Balance Statement

Fiscal Year 2018 - Cash Basis

10-1-2018 to 09-30-2019 Fund Balance Statement			100.00%
Cash Basis	Budget 2018 FY	YTD	% of Budget
Income	Amount	Actual	
Grants			
United Way	\$ 15,000.00	\$ 15,624.99	104.17%
Senior Resource Association	\$ 5,000.00	\$ 5,000.00	100.00%
Other Grants	\$ 45,000.00	\$ 15,000.00	33.33%
Membership	\$ 1,000.00	\$ 2,335.00	233.50%
Other Contributions	\$ 1,000.00	\$ -	0.00%
Gross Investment Income		\$ -	
		\$	
Total Revenue	\$ 67,000.00	37,959.99	56.66%
Expenses			
Total Payroll	\$ 41,445.25	\$ 29,035.92	70.06%
Contingency	\$ 1,000.00	\$ -	0.00%
Data Processing	\$ 13,000.00	\$ 97.37	0.75%
Events	\$ 500.00	\$ 146.20	29.24%
Insurance	\$ 2,500.00	\$ 1,589.00	63.56%
License Fees	\$ 100.00	\$ 745.00	745.00%
Marketing	\$ 1,000.00	\$ 293.50	29.35%
Office Supplies	\$ 1,000.00	\$ 831.29	83.13%
Postage	\$ 100.00	\$ 21.06	21.06%
Professional Fees	\$ 2,000.00	\$ -	0.00%
Rent	\$ -	\$ -	0.00%
Telephone	\$ 750.00	\$ 742.31	98.97%
Training & Educaion	\$ 250.00	\$ -	0.00%
Travel, Entertainment	\$ 1,500.00	\$ 495.28	33.02%
Utilities	\$ -	\$ -	0.00%
Total Expenses	\$ 65,145.25	\$ 33,996.93	52.19%
Surplus/Defecit	\$ 1,854.75	\$ 3,963.06	213.67%
Fund Balance 2018		\$ 17,795.86	
Fund Balance 09-30-2019		\$ 21,758.92	

Imagine

What You Can Do.



VOLUNTEER TODAY!

CALL 772-567-8900

Indian River Home Care

Provider of the Quarter

concierge quality service for all

- Always the same nurse every visit
- Access to your personal RN 24/7 by cell phone
- Nurse attends MD appointments
- Coordinates care with the entire family upon request
- Care can be provided immediately as needed
- A clinical and healthcare resource expert
- Your personal advocate

experience the difference

Under the direction of your physician,
we see you when you need us and we
do not intrude when you don't.

skilled & private care services

"We tailor the plan of care to meet your needs."

- Registered nursing
- Physical therapy
- Occupational therapy
- Home health aides
- Transportation
- Grocery Shopping
- Housekeeping
- Supervision & Companionship
- Personal Care

Call us anytime to inquire
about our services, an RN is
available to speak with you 24/7

(772) 569-3885

Give us a call today! We can help you better understand your Medicare home health benefits or your Long Term Care policy.

Limited advertising space is available in upcoming editions of the Senior Slant. If you would like to place an advertisement for your organization or event. Please contact Randy Riley at (772) 469-2270

Scams on Seniors
Major Eric S. Flowers, M.S.,
Bureau of Administration



INDIAN RIVER COUNTY
SHERIFF'S OFFICE
WWW.IRCSHERIFF.ORG

The following is a recounting of an incident from a victim:

I received a phone call from someone saying that he was from a courier service. He asked if I was going to be home because there was a package for me that required a signature. The caller said that the delivery would arrive at my home in roughly an hour. About an hour later, a uniformed delivery man turned up with a beautiful basket of flowers and a bottle of wine. I was very surprised since there was no special occasion or holiday. I inquired who the sender was. The courier replied, "I don't know, I'm only delivering the package." He then went on to explain that because the gift contained alcohol, there was a \$3.50 "delivery/ verification charge," providing proof that he had actually delivered the package to an adult, and not just left it on the doorstep where it could be stolen or taken by anyone, especially a minor. This sounded logical and I offered to pay him cash. He then said that the delivery company required payment to be by credit or debit card only, so that everything is properly accounted for, and this would help in keeping a legal record of the transaction. He added, "Couriers don't carry cash to avoid loss or likely targets for robbery." My husband, who was standing beside me, pulled out his credit card, and the "delivery man," asked him to swipe the card on a small mobile card machine with a small screen and keypad. My husband, was asked to enter his PIN number and a receipt was printed out. He was given a copy of the transaction.

To our horrible surprise, over the next three days, \$4,000 had been withdrawn from our bank account at various ATM machines. Apparently the "mobile credit card machine," which the deliveryman carried now had all the info necessary to create a "dummy" card with all our card details including the PIN number. Upon finding out about the illegal transactions on our card, we immediately notified the bank which issued us a new card, and our debit account was closed.

WARNING: Be wary of accepting any "surprise gift or package," which you neither expected nor personally ordered, especially if it involves any kind of payment as a condition of receiving the gift or package. Also, never accept anything if you do not personally know or there is no proper identification of who the sender is. Above all, the only time you should give out any credit/debit card information is when you yourself initiate the purchase or transaction!

The goal of a Livable Community is for people of all ages to...

1. Feel safe in the community
2. Participate in community activities.
3. Be treated with respect
4. Have access to safe, appropriate and affordable housing and transportation
5. Have access to recreational opportunities and health services
6. Know what services and activities are available and have access to information by a means they prefer
7. Be active, vital contributors to the economic, civic and social life of the community
8. Receive appropriate support if they can no longer look after themselves



SENIOR COLLABORATIVE
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PLACE
STAMP
HERE